

"Unlonely" Planet: A Travel Guide for International Volunteers

Ethiopia

Course: English 9

Year: Year 2

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Contents

I.	Introduction to Ethiopia	pp. 3~4
	A. Basic Information	
	B. History & Important Events	
II.	Lifestyle and Culture	pp. 5~9
	A. Festivals, Tradition, Arts, & Entertainment	
	B. Sights and Attractions	
III.	Challenges under Globalization	pp. 10~13
	A. Analysis of a Cultural /Environmental Crisis	
	 Problems and Effects at National Level 	
	 Problems and Effects at Community or Personal Level 	
	B. Proposal of a Solution: an Outreach Program	
IV.	V. Outreach Program: A New Tour for Volunteers	
	A. Itinerary with Detailed Description of Day-to-Day Activities	
	B. Budget with Estimated Costs	
V.	Survival Information	pp.20~21
	A. Basic Information and Notice	
	B. Emergency Rescue Information	
VI.	Appendices	pp.22~28
	A. Presentation files	
	B. Job Division	
	C. Meeting Minutes	
Ref	erences	pp.29~30

I. Introduction

Ethiopia is a sovereign state which is located in the Horn of Africa. The meaning of "Ethiopia" is taken from two Greek words: aitho and ops, which mean "tanned face" and they describe the complexion of the brown and black African people.

Their main languages are Amharic, Oromo, Tigrinya, Somali, while English is also available since it is an international language. Ethiopia has a land area of 1.13 million square kilometers. The capital city, which is also the largest city in Ethiopia, is Addis Ababa. This country's population is around 110 million. As for the demographics, the Oromo people are the largest ethnic group, accounting for 34.49%, the Amhara people account for 26.89%, the Somali and Tigray ethnic groups account for 6.2% and 6.07%, respectively, and the other ethnic groups are the Sidamo ethnic group 4.01% and the Gulag 2.53%, Valletta 2.31%, Hadiye 1.74% and Afar 1.73%, Gamo 1.5%, Kefficho 1.18% and others 11%.

An important event for Ethiopia is "Eritrean–Ethiopian War". It happened from May 1998 to June 2005. On May 6, 1998, an Eritrean mechanized force entered the Badme region. In June 2000, these two have reached a ceasefire agreement but because of this war, their relationship became very bad and there are some conflicts until 2005. There is also another important event in Ethiopia is "Red Terror". "Red Terror" took place at The Hague, in the late 1970s. The "Red Terror" was an order of execution by

Eshetu Alemn. More than 300 victims and 75 of citizens were killed. Torture and inhumane treatment were involved in it. Mengistu Haile Mariam, the president who ruled Ethiopia between 1977 and 1991 was ousted in 1991 after a series of revolts by insurgent groups.

The above are just two examples from Ethiopia's history. Ethiopia's history is full of wars and conflicts, especially with other countries. Ethiopia has become more and more international and developed in these few years. The current President of Ethiopia is a great example to prove it.

II. Lifestyle and Culture

Belief, especially Christianity has been an indivisible culture in Ethiopia. It covers 62.8% of Ethiopian population and the group of Ethiopian Orthodox takes up as much as for 43.5%. Christianity belief is a lifestyle for the Ethiopian for there are a series of Christianity festivals and abundant works of art. The spread of Christianity began with a slave, Frumentius, born in Tyre of Lebanon. He was captured in 345 and became civil slave with brother Aedesius by Aksumite king. Years before the death of king, he was released for winning the trust of king then joined the court of queen. During the time tutoring of Ezana, the crown prince, he was ordained by St. Athanasius, the bishop of Egyptian Church. After setting up his episcopali and baptizing the King Ezana, Christianity became the official religion of Ethiopia. Frumentius also established the first, largest and essential Ethiopian Orthodox Church. From the effort of Frumentius, now there are some important arts and festivals related to Christianity.

The Christian icon was a type of art in which wood is used to make and panels, stone, or a combination of both. Icons were refer to powerful and votive offerings for Orthodox churches. For offerings in the past, prayers believed these pieces would be offered directly to saint and Virgin Mary herself. But the icons have different shape for different use for personal altars or as talismans. The icons are intended to portray

either the righteousness of God or the punishments for wrongdoers.

Meskel holiday is an annual holiday in Addis Ababa, capital of Ethiopia, on September 27. It is a Christian festival celebrated from the 4th century B.C for celebrating Roman Empress Hellena found the true cross where Jesus nailed on in 326 AD. The name "Meskel" means "cross" in Ethiopian.

The main national feast is held in Meskel square. The celebration begins in the evening of September 26. People set up a magnificent conical bonfire Demera, a tall pyramid of branches which topped with Meskel flower also look like fir trees in far distances. In the afternoon, they hold the Meskel flower in one hand and toss the torch in the other to ignite "Damera" as they circle around in the evening. Each family also builds and burns small "Damera" until it turns into ashes entirely. On the following day, the official day of finding True Cross, relatives and friends visit each other maintain relationship. During the Meskel Day, people enjoy "injera", a sour fermented flatbread with spongy texture. Also, the dull, the slaughter of bull consider a responsibility for children who left initial villages as preparation for parents. Those who do not honor this duty will be cursed for failing their families.

As Meskel day is a festival for a day and a half, it is not like the Christian icons. For people who are interested in the cross which Jesus Christ was nailed, I suggest that Meskel day is a marvelous opportunity to pilgrimage. The Ethiopian Orthodox

Tewahedo Church is a must go attraction for you.

In Ethiopia, fabric forms an important part of their daily life. They produce different woven products for sale as well as for storage and decorations. The knowledge of crafts passed from generation to generation. It is involved from youth to the elder. Women teach their children and grandchildren traditional crafts so that their heritage will not be lost. Also people can mature in skills of the historical methods while growing up. Hand-woven are not only used for costumes but also for household products like blankets, cushion covers, and table covers.

Fabric is significant to every Ethiopian. Because of the abundant cotton, people can meet the needs of household clothes. Then, fabric gradually grew to be source of income. Cotton is an important industrial crop in Ethiopia. Although Ethiopia's climate is humid and hot, the rainy season is very short and mostly seasons are dry season, at which cotton can be grown. Moreover, it has vast land to grow a great amount of cotton. Moreover, Ethiopia has developed into a large cotton producing country.

Hand-woven cotton costumes were traditionally worn by Ethiopian. The Ethiopian wear the traditional costume called Gabi or Netela. Women usually wear Kemis (dresses) and Netella with embroidery at the borders, but other designs are also used. Moreover, there is a white cotton shamma, one of the significant costume in

Ethiopia's cultural, a shawl like toga worn by both men and women in several types.

Lightweight shawls are worn by women. They are worn over their dresses. shawl heavier weight are worn by men. Shamma sometimes had a red border to indicate rank and status.

Dorze Village, located in southern Ethiopia, is one of the smallest ethnic groups in Ethiopia. Dorze is well-known for their skills in weaving. Dorze means "weaving master", which means that the people of Dorze are skilled in weaving. Dorze people learn fabric from an early age. Children collect cotton, and women started spinning after the harvest. Then, men are responsible for weaving the cloth. The division of labor of the family is very clear. Apart from fabrics such as cloths and hats, living utensils can be almost woven.

Belief is a lifestyle in Ethiopia. Like what I mentioned above, the Christian icon can be used in personal altars or talismans. By making icons as necklaces or put in pockets, they can be seen on every Orthodox Christian's neck and pockets. Also, as an offering to church, many icons are still in the first Orthodox Christian Church, now called Ethiopian Orthodox Tewahedo Church. If someone goes to Ethiopia, These icons are in everywhere.

Belief and industrial crop have affected the culture of Ethiopia and reflected the lifestyle of Ethiopians. The culture has been integrated into their lives, and they show

their culture wherever and whenever. Untouched by mass markets and fashion trends, their craftsmanship are original and unique.

III. Challenges under Globalization

As we mentioned before, Ethiopia is a country which lacks supplies and resources, due to long-term civil war, and poverty. Though Ethiopia is a developing country, there are still some problems waiting for Ethiopia to deal with; i.e., uneven distribution of resources, education and medical problems, and water resource and pollution.

Since there are various ethnic groups in Ethiopia, each of them quarrel for their interest, leading to long-term civil wars. When people receive money or resources, they would rather buy new weapons. By doing so, only a small portion of money will be distributed to schools and hospitals. The two reasons have widend the gap between the rich and the poor, which can lead to other issues: shortage of educational resources and medical care.

As surrounding countries in Africa sometimes have conflict with Ethiopia, Ethiopia's government tends to overlook citizens' demand and welfare. Since they do not emphasize on what people's need, it is likely a vicious circle continues in Ethiopia as most of families are so poor that their children cannot receive complete education. Without learning new knowledge, they are not able to change their situation. The same situation could be applied to medical care as well. Since the government do not offer abundant medical care, the patients will not understand their circumstances

when they feel sick. Maybe the only thing they can do is waiting for death. Only by realizing the seriousness of shortage of educational resources and medical care can government face the crisis properly.

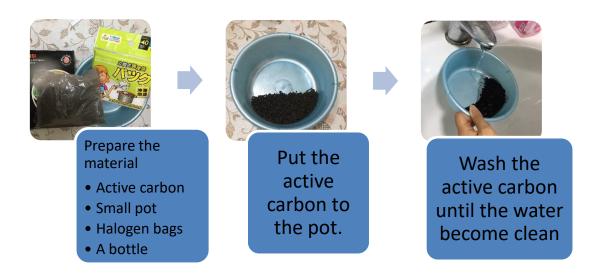
The volunteers often go to a country for only a month or even two weeks to teach kids new things. In fact, it helps little because the time volunteers stay is not long enough for children to learn well form volunteers. The solution we have come up with is that signing a one-year or longer contract. We can firstly negotiate with the institution. Secondly, we will recruit several groups of teachers, doctors, and nurses who are willing to help the poor instead of going there for short-term experiences. These groups of people must sign the contracts so that they will be trained for a period of time. On the other hand, Ethiopia's government has to allow experts who sent from Taiwan. Our intention is to try our best to change the life pattern in Ethiopia instead of gaining something from the government.

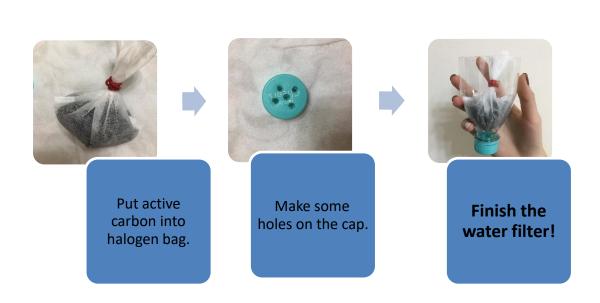
The whole world is facing the problem of water scarcity. Some research have shown that there are some key facts of water shortages in the world: over 700 children who are under 5 years old died of drinking dirty water which from lakes or river, 80% people who are living in the rural areas use and drink those unsafe and polluted water, women and girls whose families without running water have to walk for a long way and fetch water. And water shortage in Ethiopia is ranked ninth in the world. In

Ethiopia, people have suffered from water shortage for a long time. Due to climate, imperfect infrastructure, lake shrinkage, and declining water levels of river, Ethiopia has experienced serious drought problems and Ethiopia does not possess the skills of preserving water. Except of the capital, Addis Ababa, there are lots of serious water shortages over the rest of Ethiopia. People in Ethiopia have to walk for a long way and spend four hours walking in order to fetch water. Not only is it difficult for female to fetch water, but Ethiopians are also deeply affected by water pollution and the lack of clean water. About 65% of the Ethiopian cannot obtain clean and safe water. Their water comes from lakes, rivers which contains bacteria and parasites. They use contaminated water for cleaning and drinking, it may cause residents to become ill or even die, and children are the main victims. To improve this situation, there are three ways that volunteers can do to provide assistances: to assist residents to produce "WarkaWater", to teach students to make simple water filters, and to provide health education.

Combining the problems that have mentioned above, the education and medical problems, and water resources. We hope that people around the world and volunteers can give citizens assistances or give them allowances to deal with these problems.

• Steps of the simple water filter





IV. Outreach Program: A New Tour for Volunteers

The program will be a one-year voluntary program. The following is the process of the program. The first two weeks is designed as "experience period" for the volunteers. During this period, the volunteers will live in the dormitory to integrate into students' daily life and local cuisine, and then to get along with each other. At the same time, they will exchange meeting gifts which prepared by the local students and volunteers.

As volunteers officially participate in the work, they will offer local students free education, such as language education, teaching talents and advocating the correct hygiene concepts. For language education, they will have English courses for three days a week and Chinese courses for two days. Games, stories, performances and other ways will be adopted to enhance students' motivation and willingness to learn. Moreover, set up clubs that according to the expertise of volunteers to provide children with other learning content, such as painting and singing. In cultural exchange courses, we will exchange and understanding the culture of different countries. For example, we will invite local people to guide students and volunteers to produce Ethiopian fabric, such as hats and scarves, as well as oriental arts like paper cutting and Chinese brush painting. What's more, students will also have chances to broaden their horizon, for example, when we talk to Korea, we might come up with

K-pop, and it will be a starting point to learn dance. This course not only allows students to experience different cultural characteristics, but also helps us raise funds. Ethiopian fabrics, paper-cuts and other work made in the courses will be sold on the website as fundraising.

Last, health education, due to the over-whelmed population, we consider educating the correct concept of sex like the conversion of women's period cycle, so that they can avoid unexpected birth. In addition, we will teach them how to make a water filters to improve the water contamination in Ethiopia, a way to let them get cleaner water.

Talking about money, we estimate that a volunteer must pay USD \$5,200 per person per year. The fee includes the return plane tickets from Taiwan to Ethiopia (USD \$2,200), meals for 3 meal a day for one year (USD \$2,500) and the charge of gas money, including the bus from airport to school and the tour of Ethiopia. As for accommodation, since people provide the labor, we consider offering the free room from school dormitory for feedbacks. We will also set up a website to detail the purpose of our organization and update the results of service in a timely manner. In addition, we will use the website to raise additional income through fundraising and sales of students' fabric which students make during the class. So that we could use these funds to devote more effort to service. Our target fundraising amount is USD

\$16,000. Moreover, USD \$5000 of them will be donated to improve the local medical resources mainly, USD \$11,000 will be used to help children at school age and youngsters to get proper and better education, such as complete teaching material.

During the work time, volunteers will have two or three times a week to relax. They will take advantage of these breaks to visit some famous spots in Ethiopia, such as Lake Langano, Harar Jegol Wall and so on. The week before leave Ethiopia, they will write an experience report about be a volunteer in Ethiopia and participate in share meeting to share their experience.

After this tour, we hope that volunteers can further understand Ethiopia and we also hope that because of this tour, Ethiopian can know that we are from Taiwan and Taiwan can help.

• Schedule of Volunteerism

	Event Name	Duration	Content	Remark
	Seminar of Volunteerism	One Day	 introduction of location, people Circumstances of Ethiopia, Assistance 	
	Sing Up	Three Months	On-line sing up Self-information form	
Preparation	Interview	Two Batch	face to face interview	
	Volunteer Training	Three Months	 Course for soft power Leader Selection Job Distribution Teaching Material Production 	
	Debriefing Session	One Day	PrecautionSchedule Confirmed	
Execution Check Table 1				
D. code	Sharing	One Day	Experience Sharing	
Review	Review	One Day	Discuss the improvement	

• Table 1

		Schedule		
Time	Content	Transportation	Meals	Accommodation
First two to	Adopt Local Environment	Bus		
three weeks	Communicate with Local People	Dus	Dining Room of	
11 Months	 Language Education Culture Communication Club Activities Hygiene Education 		Dormitory	Dormitory
Last Week	Tour of Attraction	Bus	Self-Preparation	Hotel

Budget of Ethiopia Volunteerism

Budget Table of Ethiopia Volunteerism					
Event Description		Budget Arrangement			
		Item	Description	Money	Remark
		Plane Ticket	Return Plane Ticket	2,200 USD	
Event Name	Volunteers of Ethiopia	Local Transportation	Gas Money	500 USD	
		Meals	About 7 USD per day	2,500 USD	For one year
		Accommodation	Hotel for leaving Ethiopia	X	Afforded by Organization
	Total				X

V. Survival Information

A. Basic Information and Notice

Before you go to Ethiopia for voluntourism, you need to prepare following daily necessities with you. And there is something you need to be seriously notice in following information.

♣ Daily necessities you need to prepare:

Anti-mosquito liquid	Motion sickness pills	
(containing DPP ingredient)		
Power bank	flashlight	
Umbrella / Raincoat	Sunscreen	
Mosquito coil	Medicine(daily used)	
Pocket toilet paper	Antimalarial drugs	

- **♣** Information of visa and exchange money:
- You can apply the visa when you arrived Ethiopia or apply the visa in advance.
- The exchange rate: \$1 U.S dollar can exchange around 28 to 30 birrs.
- \$1 N.T dollar = 0.9 birr.
- The fee of one-month available visa costs \$50 U.S dollars.
- The airport has the Chinese information desk, if you have any problem, you can feel free to ask them.
- **♣** Information of mobile internet:
- There is only one Telecommunications Company in Ethiopia.
- If you need the mobile internet, you must buy it in the airport, or you have no chance to buy it again, because the sim card only can buy in the airport.
- When you buy the sim card, you need to show up your copy of passport.
- Apply the sim card with internet costs around 220 birrs.
- **↓** Information of local climate and mosquito problem:
- There are dry season and rainy season in Ethiopia, and mostly is plateau area, so it might be a little bit cold.
- In Ethiopia, from May to September is rainy season.
- If you want to go to plateau area, you must prepare some medicine of Altitude sickness.

- In Ethiopia, there are many fleas everywhere, so you must prepare anti-mosquito liquid which containing DPP ingredient.
- **↓** Information of transportation:
- Don't self-driving in Africa, it really dangerous.
- If you want to take taxi in Ethiopia, the price will be bargain. Example: 15 minutes cost around 200 birrs.
- If you want to take the local buses, some of buses need to make an appointment one day in advance. And some buses are once a day.
- There is another option is chartered. And this option will be more expensive than others, and it need to make appointment online first.
- **♣** Information of health and care:
- Before going to Ethiopia, we suggest that need to finish the vaccine in advance.
- Prepare proper medicine when you go to Ethiopia.
- Most of roads in Ethiopia are winding, so you need to prepare motion sickness pills for prevention.
- **♣** Information of food and drink:
- In Ethiopia, it is cheap for food. But if you are in their capital, Addis Ababa, it will be a little bit expensive than other places.
- Need to pay extra 15% for tax.
- In Ethiopia, people use their hand for eating.
- Every Wednesday and Friday, they will have a fasting meal without any meat.
- **♣** Information of local taboos and customs
- Number 13 is a taboo in Ethiopia; they think 13 is a unlucky number.
- Left hand for passing something or food, they think left hand is extremely dirty, so if they use left hand is an impolite behavior.
- Yellow and light yellow is means funeral, so they won't use any yellow on their clothes or flowers.
- Other problems:
- Need to be careful your belongings.

B. Emergency Rescue Information

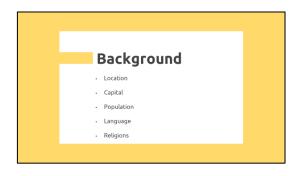
Police	Ambulance	Fire	Notes
911			Police- 991 Ambulance- 907 Fire- 939 Traffic police- 945

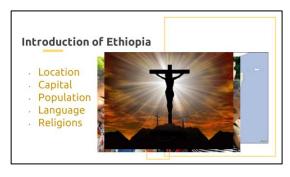
VI. Appendices

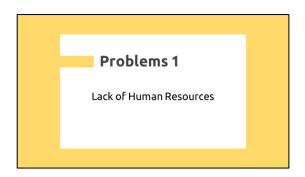
A. Presentation Files

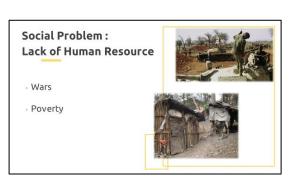












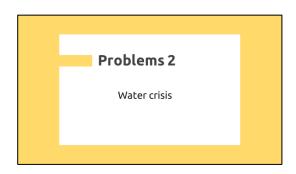
Wars Money is spent in weapons No enough money for basic living Youngsters: no money for proper education Vicious Cycle

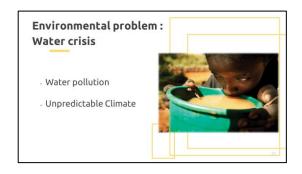
Poverty Improving economy + rich resources Unbalance distribution of resources Youngsters: no money for proper education

















How about the money? Budget

5,200 USD per person per year

Return plane tickets (2,200 USD)

Meals (2,500 USD)

Gas money(500 USD)

Source of Money

Selling Fabric

Fund Raising

Fundraising Website

- 1. To expand the resources of school
- 2. Subsidy for volunteers
- 3. Back-up money for accidents

TAIWAN CAN HELP!

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Thanks for Listening

Job Division and Description

Job	Description	Name & ID. No.
Secretary	Write minutes of meetings	程葦心 Kitty
	Prepare a group portfolio	1107208119
	Integrate final paper	張紫婕 Cathy
	Print out final paper	1107209019
Art/Digital	Draw pictures, illustrations	蘇辰熒 Alicia
Designer	Make PPTs	1107200159
		吳雅婷 Jenny
		1107201012
		黄恩橋 Avis
		1107204231
		程葦心 Kitty
		1107208119
		張紫婕 Cathy
		1107209019
		施泓名 Hero
		1107209037
Cashier	Make a budget	蘇辰熒 Alicia
	Collect funds	1107200159
	Buy supplies	吳雅婷 Jenny
	Keep invoices and other records of	1107201012
	expenses and balance	黄恩橋 Avis
	Write an account report	1107204231

Meeting Minutes

Meeting of	1 st meeting
Date	April 26 th , 2020
Time	2 pm~5 pm
Place	WENZAO Library
Participants	Typed Name
	Kitty
	Cathy
	Avis
	Jenny
	Hero
	Alicia

Discussion

Topic 1: The background of Ethiopia

Conclusion: Give audience the background of Ethiopia and introduce two important events happened in Ethiopia.

Written by: Kitty

Meeting of	2 nd meeting
Date	May 11 th , 2020
Time	6 pm~8:30 pm
Place	WENZAO Library
Participants	Typed Name
	Kitty
	Cathy
	Avis
	Jenny
	Hero
	Alicia

Discussion

The culture, festival and entertainment in Ethiopia.

Written by: Jenny

Meeting of	3 rd meeting		
Date	May 25 th , 2020		
Time	2 pm~5 pm		
Place	WENZAO Library		
Participants	Typed Name		
	Kitty		
	Cathy		
	Avis		
	Jenny		
	Hero		
	Alicia		
Discussion			
Topic 1: Some p	Topic 1: Some problems exist in Ethiopia		
Written by: (Cathy		

Meeting of	4 th meeting
Date	June 1 st , 2020
Time	6 pm~8 pm
Place	WENZAO Library
Participants	Typed Name
	Kitty
	Cathy
	Avis
	Jenny
	Hero
	Alicia

Alicia

Written by:

Topic 1: Some solutions to the problem

Meeting of	5 th meeting		
Date	June 8 th , 2020		
Time	6pm~9 pm		
Place	Q204		
Participants	Typed Name		
	Kitty		
	Cathy		
	Avis		
Jenny			
	Hero		
	Alicia		
Discussion	Discussion		
Topic 1: How to present the whole content in limited time			

Written by:

Avis

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